

# If You Cannot On The Ocean



1. If you can - not, on the o - cean, Sail a - mong the swift - est  
 2. If you are too weak to jour - ney Up the moun - tain, steep and  
 3. If you can - not in the har - vest Gar - ner up the rich - est  
 4. If you have not gold and sil - ver Ev - er read - y to com -  
 5. Do not, then, stand i - dly wait - ing For some great - er work to



fleet, Rock - ing on the high - est bil - lows, Laugh - ing  
 high, You can stand with - in the val - ley While the  
 sheaves, Man - y a grain, both ripe and gold - en, That the  
 mand; If you can - not tow'rd the need - y Reach an  
 do; Time moves on with rap - id mo - tion, Life and



at the storms you meet; You can stand a - mong the sail - ors, An - chored  
 mul - ti - tudes go by; You can chant in hap - py mea - sure As they  
 care - less reap - er leaves, Go and glean a - mong the bri - ars, Grow - ing  
 ev - er o - pen hand, You can vis - it the af - flict - ed, O'er the  
 death are both in view; Go and toil in an - y vine - yard, Do not



yet with - in the bay; You can lend a hand to help them, As they  
 slow - ly pass a - long; Tho' they may for - get the sing - er, They will  
 rank a - gainst the wall, For it may be that their shad - ow Hides the  
 err - ing you can weep; You can be a true dis - ci - ple, Sit - ting  
 fear to do or dare; If you want a field of la - bor, You can



# *If You Cannot On The Ocean*

launch their boats a - way, As they launch their boats a - way.  
not for - get the song, They will not for - get the song.  
heav - iest wheat of all, Hides the heav - iest wheat of all.  
at the Sav - ior's feet, Sit - ting at the Sav - ior's feet.  
find it an - y - where, You can find it an - y - where.

The image shows a musical score for the hymn "If You Cannot On The Ocean". It consists of two staves: a treble clef staff at the top and a bass clef staff at the bottom. The treble staff contains the melody, and the bass staff contains the bass line. The lyrics are written between the two staves, aligned with the notes. The lyrics are: "launch their boats a - way, As they launch their boats a - way. not for - get the song, They will not for - get the song. heav - iest wheat of all, Hides the heav - iest wheat of all. at the Sav - ior's feet, Sit - ting at the Sav - ior's feet. find it an - y - where, You can find it an - y - where." The music is in a simple, hymn-like style with a key signature of one flat (B-flat) and a common time signature.