

# The Upward Path

ST. MICHAEL S. M.

1. Be - lieve not those who say The up - ward path is smooth,  
2. It is the on - ly road Un - to the realms of joy;  
3. Arm, arm thee for the fight; Cast use - less loads a - way;  
4. To la - bor and to love, To par - don and en - dure,  
5. Be this thy con - stant aim, Thy hope, thy chief de - light;  
6. If but thy God ap - prove And if, with - in thy breast,

Lest thou are stum - ble in the way And faint be - fore the truth.  
But he who seeks that blest a - bode Must all his pow'rs em - ploy.  
Watch thru the dark - est hours of night; Toil thru the hot - test day.  
To lift thy heart to God a - bove, And keep thy con - science pure, -  
What mat - ter who should whis - per blame Or who should scorn or slight,  
Thou feel the com - fort of His love, The ear - nest of His rest? A - men.